



## **Bromley Canoe Club**

### **Covid-19 Guidance for Members**

#### **Testing prior to club events**

- **We ask that you complete a lateral flow test before attending (there's no legal requirement for this, but please consider others and complete a test)**
- **If a test is positive, or you are awaiting confirmation via a PCR test, please do not attend and let the organiser know – as with any event, the Committee will consider refunds or movement of the booking to the next event**
- **If you have any symptoms which match government advice on Covid-19 please do not attend**
- **This document is written to provide guidance as much as we can in line with government recommendations. However, ultimately we need members to exercise common sense and understand that attending events will increase your risk of catching Covid. Therefore, if you or any of your loved ones are at a higher risk, even with a vaccination, please consider whether you should attend**

#### **Equipment**

- If you need equipment, please book it on the club website
- It is preferred that you meet the trip organiser to collect it
- You are responsible for using it responsibly
- You are responsible for arranging a convenient time to return it. Please rinse and dry the kit thoroughly before returning it
- We will consider all kit 'Covid safe' if it hasn't been used for 72 hours

#### **Accommodation**

- In line with government guidance there is no limit on numbers gathering indoors, however you should be aware that accommodation is shared and can be in rooms of up to 8 people or more
- If possible, open windows and doors to encourage ventilation in bedrooms overnight, bring a blanket if you feel this might make you cold
- There is now no legal requirement to wear a mask, but please respect others if they indicate they prefer to wear one
- Please exercise good hygiene at all times, using gel and soap

#### **Food**

- Where the club provides breakfast, we ask that where possible only those asked to cook and clean up use the kitchens
- Please follow good hygiene (washing hands regularly, using gel etc)
- Where possible, open windows and doors to aid ventilation



### **Travel**

- The club considers that those sharing lifts should consider government guidance for themselves and behave appropriately
- For shuttles and transfers when sharing cars on the trip (to get ins and get outs) consider wearing masks and ventilating the car
- It is recommended that where possible people travel in the same groups, however this may not be possible

**If you have any comments or suggestions, please contact the trip organiser or a member of the committee.**

**October 2021**