



Bromley Canoe Club

Requirements and guidance for Yellow T-shirt and Session Managers in managing the pool sessions at West Wickham pool during COVID restrictions

Starting the session

- Boats and equipment must be retrieved and set out BEFORE THE SESSION on the long edges of the pool with the cockpits 2 meters apart
- The pool must be separated by lane markers down the centre
- Attendees must congregate (2 meters apart) at the top of the stairs at the far end of the balcony
- Attendees must wait to be directed to the changing areas at the deep end of the pool (see diagram on p2) – bags must be left in the same groups
- Facemasks must be worn at all times and can only be taken off in the pool area, they must be put on going into the changing rooms
- Parents where required to attend must remain on the balcony

Kayaking in the pool

- All equipment must be thoroughly rinsed at the shallow end before and after using it
- Paddlers must not go into the other group's area
- Paddlers must not get within 2 metres of each other. This extends to the following NOT being allowed (not an exhaustive list, exercise your common sense):
 - Everyone should be in a boat, no in-water coaching permitted
 - Sitting on each other's boat
 - Deep water rescues
 - Those who exit their boat must swim it to the shallow end to empty it and get back in
 - Ball games or other games including closer than 2 metre contact
- Everyone must rinse their equipment by half filling the boat with water, dunking paddles and spraydecks, and leaving it on the side for the next group
- At the end of the sessions, boats must be put away by the yellow shirt and session manager

Changing

- Everyone must exit the pool and change in the ladies changing room

Afterwards

- If you develop symptoms, please let us or the pool know within 24 hours

ABOVE ALL, KEEP YOURSELF AND OTHERS SAFE BY OBSERVING ALL THE USUAL COVID-19 GUIDANCE, AND HAVE FUN!!

Please note that BCC will be required to share your personal details with NHS Test and Trace if we are asked to do so as part of their tracing of an infected individual



Pool Configuration for group attendance

BCC Pool Configuration for Monday Sessions

