



Bromley Canoe Club

Requirements and guidance for members attending Trips during COVID-19 restrictions

Booking

- You must book online
- You must **not** attend unless you have booked
- **IT IS STRONGLY RECOMMENDED NOT TO ATTEND IF YOU HAVE ANY UNDERLYING HEALTH CONDITIONS OR WOULD NORMALLY BE ADVISED NOT TO MIX WITH THE GENERAL PUBLIC DUE TO A HEALTH CONDITION**
- **IF YOU HAVE ANY SYMPTOMS WHICH MATCH GOVERNMENT ADVICE ON COVID-19 YOU MUST NOT ATTEND (IF THEY HAVE DEVELOPED SINCE BOOKING WE WILL RETURN THE MONEY TO YOU, JUST LET US KNOW)**
- If you are unsure as to your competency, speak to the trip organiser

Equipment Hire

- If you need equipment, you must meet the trip organiser to collect it
- You are responsible for it during the hire
- You are responsible for arranging a convenient time to return it to the Den

Attending the session

- Maintain social distancing at all times
- Maintain your group of (max) 6 at all times, do not mix with other groups
- Bring some gel in case you need to sanitise

During the session

- For everyone's protection, do not take unnecessary risks which may lead to the need to be rescued
- Keep to the 2 metre rule at all times (1 metre with a face mask)
- If you need help moving and handling boats and equipment, use a mask, take an end of the boat each, use a gel afterwards
- If a rescue is needed, please assist as much as possible, don't leave the paddler to themselves (it may be you after all!!)

Afterwards

- If you develop any symptoms, please let us know as soon as possible

ABOVE ALL, KEEP YOURSELF AND OTHERS SAFE BY OBSERVING ALL THE USUAL COVID-19 GUIDANCE, AND HAVE FUN!!

Please note that BCC will be required to share your personal details with NHS Test and Trace if we are asked to do so as part of their tracing of an infected individual



Pool Configuration for group attendance

BCC Pool Configuration for Monday Sessions

