



Bromley Canoe Club

Requirements and guidance for members attending the pool sessions at West Wickham pool during COVID restrictions

Booking

- You must book online
- You must **not** attend unless you have booked or you are supervising your child (parents are still required to attend with anyone under 12 years but must stay on the balcony)
- It is strongly recommended not to attend if you have any underlying health conditions or would normally be advised not to mix with the general public due to a health condition
- If you have any symptoms which match government advice on COVID-19 you **must not** attend (if they have developed since booking we will return the money to you, just let us know)

Attending the session

- Make sure you scan the NHS App barcode at the pool for NHS Test and Trace*
- Only attend for your allotted time
- Meet your group at the far end of the pool balcony and be 'beach ready' with your swimwear under your clothes
- Once directed, move to your group changing area at the deep end of the pool and leave your bags there once changed – **OUTDOOR SHOES MUST BE REMOVED**
- Wear a facemask at all times unless you are exercising
- Parents where required to attend must remain on the balcony

Kayaking in the pool

- All equipment must be thoroughly rinsed at the shallow end before and after using it
- The pool will be separated by lane markers down the centre, do not paddle into another group's area
- Once you have finished with the equipment, please leave it at the shallow end
- If out of the water, move around the pool in a clockwise direction and avoid passing others

Changing

- Exit and change in the ladies changing room in a cubicle and ensure you use the cleansing gels

Afterwards

- If you develop symptoms, please let us or the pool know within 48 hours

ABOVE ALL, KEEP YOURSELF AND OTHERS SAFE BY OBSERVING ALL THE USUAL COVID-19 GUIDANCE, AND HAVE FUN!!

Please note that BCC will be required to share your personal details with NHS Test and Trace if we are asked to do so as part of their tracing of an infected individual



Pool Configuration for group attendance

BCC Pool Configuration for Monday Sessions

